



Wellness Centre

Report – Visit to Simulation Laboratory, PSGIMSR

Wellness Centre has organized the laboratory visit for second year girl students to **Simulation Laboratory**, PSG Institute of Medical Sciences and Research on 15th Feb 2023, Wednesday (AN) and 17th Feb 2023, Thursday (AN). **Dr. P.A.Kumar**, Clinical Advisor, Simulation Laboratory and **Dr. Rekha**, Gynaecologist, PSG IMSR has demonstrated the session. 53 girl students, and two faculty members Ms. M. Sowmiya, AP (Sr.Gr) / ECE department and Ms. S. Puvaneswari, Student Counsellor, Wellness Centre have attended the laboratory visit. The session started by Dr.Rekha highlighting the importance of menstrual health and hygiene. She explained about importance of cervical cancer screening and self breast examination for women's and talk about very common diseases like PCOS and PCODS (menstrual dysfunction) for females. She advised students to take immediate action to stay healthy in the future.



Dr.Rekha demonstrating the gynaecology procedures and safety measures to the students