



Report on Students' Union Inauguration (23 Jan 2021)

PSG Institute of Technology and Applied Research (PSG iTech) inaugurated the Students' Union and introduced the office bearers for the academic year 2020-2021 on 23rd January 2021 (Saturday). Mr.S.Saravana Prabhu, SQC Specialist, KLA-Tencor Software India Pvt. Ltd., Chennai inaugurated the Students' Union and addressed the students and members of faculty on **Discover The New "You"!** Dr.P.Vetrivelan, Associate Professor and Head, Dept. of ECE, delivered the welcome address.

Dr.P.V.Mohanram, Principal, delivered the presidential address. During the address, all the newly selected members of students' union were congratulated and they were requested to organize skill- and knowledge-oriented activities for the larger benefit of the student community in the upcoming days. In addition, students were appealed to understand and appreciate the rich cultural lineages of India and ancient knowledge systems of the country, which served as the backbone and even challenged the colonial masters like Thomas Babington Macaulay in dismantling the country. Also, the talk highlighted how spiritual and cultural heritage of the ancestral past made the country not only proud but withstand all the cultural degradations set by the external forces. Further, he requested the resource person to organize exclusive sessions on the subtle aspects of Art of Living in the future, to channel the young students' and their energy in the right direction. Later, Ms.R.Suchithra, Secretary of Students' Union (III B.E. Civil), introduced the chief guest to the audience.

Mr.S.Saravana Prabhu, the resource person, spoke about the importance of conditioning the interior self of an individual like mind, soul and body (material), and discussed some of the effective strategies to unify the internal faculties for a holistic living. Students were delineated about the seven levels of existence viz:

- Self
- Ego
- Memory
- Intellect
- Mind
- Breath
- Physical body

They were requested to keep all the listed above, in the best condition to excel in their personal, professional and social spheres of life. It was stated that life is not a smooth road as it is filled with ups and downs. Therefore, learners were requested to stay optimistic and approach life with confidence and hope. Further, they were demonstrated about the change of breath patterns



in different states of mind like happiness, sadness, anger etc. and they were strongly advised to remain happy irrespective of situation. Also, they were told not to look for reasons for being happy. Finally, Dr.G.Chandramohan, Vice-Principal, succinctly recapitulated the significant points shared by the resource person and introduced the newly selected office bearers to the spectators. Ms.R.Suchithra, Secretary, Students Union, and proposed the vote of thanks.

Chairperson



Ms. I. Sangavi Sri (IV B.E. Civil)

Secretaries



Mr.C.S.Kiran Kumar (III B.E. Mech.) and Ms.R.Suchitra (III B.E. Civil)

Joint Secretaries



Mr.R.Harinandhan (II B.E ECE), Ms.V.R.Umayal (II B.E. CSE), Ms.S.Subhiksha (II B.E. EEE)



Dr.P.V.Mohanram, Principal, Dr.G.Chandramohan, Vice-Principal, Senior Faculty Members, Members of Students Union Advisory Committee, and newly selected office bearers for the academic year 2020-2021 are seen in the photo during the event organized on 23 January 2021.